An in-depth series of chapters devoted to the use of our memory system; as the title suggests, how to develop our memory system, how to train it to improve it, and how to make the best use of it in our everyday lives, and to improve our positions in life.

This is not intended to be a series of chapters to impress friends and colleagues, nor to play tricks on others, rather it is for the betterment of individuals in whatever walk of life in which they may be involved by training and using their memory toward that end. (Summary by Roger Melin)

Read by Roger Melin. Total running time: 4:37:23

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Memory: How to Develop, Train & Use It

W.W. Atkinson

LibriVox

read by Roger Melin

William Walker Atkinson

How to Develop, Train & Use It