Essential Duas in the life of a Muslim

Prepared by:
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Ta’limi Board
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GRADE 1
1. Kalimah Tayyibah

لاَ إِلَٰهَ إِلَّا الَّهُ ٍ مُحَمَّدُ رَسُولُ اللَّهِ

There is no God besides Allah ﷻ; Hadhrat Muhammad ﷺ is the messenger of Allah ﷻ.

2. Kalimah Shahaadah

أَشْهَدَ أَنَّ لاَ إِلَٰهَ إِلَّا الَّهُ وَأَشْهَدَ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

I bear witness that there is no God besides Allah ﷻ and I bear witness that Hadhrat Muhammad ﷺ is His servant and messenger.
3. **Kalimah Tamjîd**

سْبِحَانَ اللَّهِ وَالْحَمْدُ للَّهِ وَلَяَّهَا الَّتِيْا اللَّهُ وَاللَّهُ أَكْبَرُ وَلَا حَوْلٌ وَلَا قَوْةٌ إلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

Glory be to Allah ﷺ and all praise be to Allah ﷺ. There is no God besides Allah ﷺ. And, Allah ﷺ is the Greatest. There is no power and might except from Allah ﷺ, The Most High, The Great.

4. **Kalimah Tawhîd**

لاَ اللَّهُ الَّأَبَا اللَّهُ وَحْدَهُ لَأَشْرَيْكَ لَهُ

لَهُ الْمَلِكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ

بِيَدِهِ الْخَيْرُ وَهُوَ عَلَيْ كُلِّ شَيْءٍ قَدِيرٌ

There is no God besides Allah ﷺ He is One. He has no partner. His is the kingdom and for Him is all praise. He gives life and causes death. In His hand is all good. And He has power over everything.
O Allah، I seek protection in You from that I should join any partner with You knowingly. I seek Your forgiveness from that which I do not know. I repent from ignorance. I free myself from disbelief and from joining partners with You, and I free myself from all sins. I submit to Your will. I believe and I declare: There is no God besides Allah و Hadhrat Muhammad is the Messenger of Allah
6. **Imâni-Mujmal**

I believe in Allah as He is understood by His names and His attributes and I accept all His orders.

7. **Imâni-Mufassal**

I believe in Allah, His Angels, His Books, His Messengers, the Last Day, and in Taqdir, that all good and bad is from Allah the Most High and I believe in the resurrection after death. (Taqdir: Predestination)
7. **Before eating**

بِسْمِ اللَّهِ وَعَلَي بِرَكَةَ اللَّهِ

In the name of Allah ﷻ and upon the blessings of Allah ﷻ.  
*(Al-Hisnul Haseen Pg. 141)*

**Virtue**

One who reads this dua will receive blessing in one’s meals

8. **When forgetting to recite the dua before eating**

بِسْمِ اللَّهِ أَوْلَاهُ وَ أُخْرَاهُ

In the name of Allah ﷻ in the beginning and the end.  
*(Abu Dawood, Vol. 2, Pg. 173)*
9. After eating

All praise be to Allah who gave us food and drink and made us Muslims.

(Al-Hisnul Haseen Pg. 144)

Virtue
Allah becomes pleased when his slave praises Him after meals.

10. Before sleeping (1)

O Allah, with Your name do I die and live.

(Tirmidhi, Vol. 2, Pg. 178)
11. When awakening

اَلْحَمْدُ لِلَّهِ الَّذِي أَحْيِانَا بَعْدَ مَا أَمَاتُنَا وَأَلِيَّهُ

الْنُشُورُ

All praise is due to Allah who has given us life after death and to Him is the return after death.

(Bukhaari Vol. 2, Pg. 934)

12. Before entering toilet with left foot

اَللَّهِمَّ اِنِّي أَعُوذُ بِكَ مِنَ الْخَبِيثِ وَالْخَبائِثِ

O Allah, I seek Your protection from the male and female Devil.

(Tirmidhi, Vol. 1, Pg. 3)

13. After leaving toilet with right foot

غُفِّرْلَكَ اَلْحَمْدُ لِلَّهِ الَّذِي أَدْهَبَ عَنِّي الْاَذْىِ

وَغَافِفَانِيْ

I seek Your pardon. Praise be to Allah who removed from me discomfort and gave me relief.

(Ibnu Majah, Pg.26)
14. When thanking someone

جَزَآكَ اللَّهُ خَيْرًا

May Allah reward you well.

(Tirmidhi Vol. 2, Pg. 247)

16. When sneezing

اَلْحَمْدُ لَلَّهِ

All praise be to Allah

The listener's reply

يُرِحْمُكَ اللَّهُ

May Allah have mercy on you.

The sneezer's response

يَهْدِيْكُمُ اللَّهُ

May Allah guide you.

(Abu Dawood, Vol. 2, Pg. 254)
17. For increase in knowledge

O My Lord, Increase me in knowledge.
(Sura Ta’ha, S.20/V.114)

Virtue
By reciting this Dua one’s memory will strengthen
Insha Allah.
GRADE 2
Before wudhu

(I commence Wudhu), in the name of Allah the Great and all praise be to Allah (for keeping me faithful) in the Deen (religion) of Islam.

(Majmauz-zawaaid)

Whilst making wudhu

O Allah, forgive my sins and grant me abundance in my home and blessings in my livelihood.

(Amalul Yawmi wal Layla, Nasai, Pg172)
20. After wudhu

اَشْهَدْ أَنْ لَا اَلْلَّهَ إِلَّا الَّلَّهُ وَحَدَهُ لَا شَرِيعَةً لِهُ
وَاَشْهَدْ أَنْ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ
اَلَّلَهُمَّ اجْعَلْنِي مِنَ الْتَوَّابِينَ وَاَجْعَلْنِي مِنَ
المُتَطَهَّرِينَ

O Allah ﷻ, make me of the repenters and make me of the purified.
(Tirmidhi, Vol. 1, Pg. 9)

Virtue

The eight doors of Jannah will be opened for the one who recites this dua and he will have the choice to enter from whichever door he wishes.

21. When entering the musjid

اَلَّلَهُمَّ افْتَحْ لِيَ أَبْوَابَ رَحْمَتَكَ

O Allah ﷻ, open for me the doors of Your mercy.
(Nasai, Vol. 1, Pg. 119)
22. When leaving the musjid

اللَّهُمَّ اني اسْتَلِكُ اَسْتَلِكْ مِنْ فَضْلِكَ

O Allâh ﷺ, verily I seek from You, Your bounty.
(Nasai, Vol. 1, Pg. 119)

23. After drinking water

الْحَمْدُ لِلَّهِ الَّذِي سَقَانَا عَذْبًا فَرَاتًا
برَحْمَتِهِ وَلَمْ يَجْعَلْهُ مَلْحًا أُجَاجًا
بَذْنُوْبَنَا

All praise is due to Allah ﷺ who gave us fresh sweet water to drink out of His Mercy and did not make it bitter due to our wrongdoings.
(Tabrani (Kitaabud-Dua), Vol. 2, Pg. 1218)
24. After drinking milk

أَلْلَهُمَّ بَارَكْ لَنَا فِيهِ وَزَدِنَا مِنْهُ

O Allah, grant us blessings and abundance in it (the milk).

(Mishkaat Pg.371)

25. When wearing clothes

الْحُمَدُ لِلَّهِ الَّذِي كَسَانِي هَذَا وَرَزْقَنِيهِ مِنْ غَيْرِ حَوْلٍ مَّنِي وَلَا قُوَّةً

All praise is due to Allah who has clothed me with these garments and given them to me without any effort and help from my side.

(Tabrani {Kitaabud-Dua}, Vol. 2, Pg. 979)

26. When looking into the mirror

أَلْلَهُمَّ أَنتَ حَسَنَتَ خَلْقِي فَحَسَنَ خَلْقِي

O Allah, You have beautified my body, so do beautify my character.

(Al-Hisnul Haseen Pg. 206)
27. When entering the home

أَلْهَمْ أَنِي أَسْتَلْكَ خَيْرَ الْمَوْلِجِ وَخَيْرَ الْمَخْرَجِ بُسْمِ اللَّهِ وَلَجْنَا وَبُسْمِ اللهِ خَرْجْنَا وَعَلَى اللَّهِ رَبَّنَا تَوَكَّلْنَا

O Allah ☪, I ask of You the blessings of entering the home and the blessing of leaving. In the name of Allah ☪, we leave and enter the home and upon Allah ☪, our Sustainer, do we rely and depend.

(Abu Dawood, Vol. 2, Pg. 348)

28. When leaving home

بُسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ لَأَحْوَلَ وَلا أَفْوَّهَةَ الَّذِي بِاللَّهِ

(I leave) with the name of Allah ☪; I rely on Allah ☪; there is no power to do any good, nor any power to abstain from evil except with the help of Allah ☪.

(Abu Dawood, Vol. 2, Pg. 347)
Virtue

1. When a person recites this dua, it is said to him, “You have been guided and you are protected”.

2. Rasulullah ﷺ said that whosoever recites the above dua when leaving his home, then it is said to him (by the angels) “You shall be guided, your needs shall be taken care of, you will be protected and may shaytaan go far away from you.”

   (Tirmidhi)

29. When bidding someone farewell

ٍاَسْتَوْدِعُ اللَّهُ دِينَكَ وَمَالِكَ وَخَوَاتِيمَ عَمَلِكَ

I entrust to Allah ﷻ your Deen, your belongings and the final outcome of your deeds.

   (Abu Dawood, Vol. 1, Pg. 357)

30. When it rains

ٍاَلْلَّهُمَّ صَبِيبًا نَافعًا

O Allah ﷻ, do send upon us beneficial rain.

   (Bukhaari, Vol. 1, Pg. 140)
31. On hearing good news

إِلَّا حَمْدُ لَلَّهِ مَنْشَأَ الْلَّهُ

All praise be to Allah. Just as Allah willed.

32. When a loss occurs

أَنَا لِلَّهِ وَ اِنَّا لِلَّهِ رَاجِعُونَ

Surely we belong to Allah and to Him is our return.

(Muslim, Vol. 1 Pg. 300)

33. When in bodily pain

Place your hand on the affected area and say:

بِسْمِ اللَّهِ

(Three Times)

أَعُوذُ بِاللَّهِ وَقُدْرَتِهِ مِنْ شَرِّ مَا أَجْدَدُ وَأَحَاذِرُ

(Seven times)

I seek protection in Allah and His might against the evil of what I feel and fear.

(Muslim, Vol. 2, Pg. 224)
34. When in difficulty

٨٥١٩) نَعْمَ اللَّهِ وَعَلِيٌّ الْالْلَهِ تَوَكَّلْنَا

Allah ☀️ is sufficient for us and He is the Best Helper. And upon Allah ☀️ do we rely.

(Tirmidhi, Vol. 2, Pg. 65)
### Salaah Duas

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<th>35. Takbeer</th>
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<td>سبحة أنك اللهم وبحمدك وتبارك اسمك وتعالي جدك ولا الله غيرك</td>
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<tr>
<td>Allah is the greatest.</td>
<td>Glory be to You O Allah ﷺ, praise be to You, and blessed is Your name, very lofty is Your greatness, and there is no Deity besides You. (Tirmidhi, Vol. 1, Pg. 33)</td>
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<th>37. Ta'awwuz</th>
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<td>أعوذ بالله من الشرطان الرجيم</td>
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22
38. Tasmiyah

بِسْمِ اللَّهِ الرَّحْمنِ الرَّحِيمِ

In the name of Allah ﷻ, the Most Kind, the Most Merciful.

39. Tasbeeh in ruku

سُبْحَانَ رَبِّيْ الْعَظِيمِ

Glory be to My Lord, the Great.

(Tirmidhi, Vol. 1, Pg. 35)

40. Tasmee'

سَمِعَ اللَّهُ لِمَنْ حَمَدَهُ

Allah ﷻ hears the one who praises Him.
41. **Dua in qaumah (1)**

أَلْلَهُمَّ رَبّنَا وَلَكَ الْحَمْدُ

O Allah ﷺ! Our Sustainer! Unto You belongs all praise.

*(Ibnu Majah, Pg. 62)*

42. **Tasbeeh in sajdah**

سُبْحَانَ رَبِّي الْآَمِينِ

Glory be to My Lord, the Most High.

*(Tirmidhi, Pg.35)*

43. **Dua in jalsa**

أَلْلَهُمَّ اغْفِرْ لِي وَارْحَمْنِي وَعِفَافِي وَأَهْدِنِي وَأَرْزُقْنِي

O Allah ﷺ, forgive me, have mercy on me, grant me safety, guide me and provide me with sustenance.

*(Abu Dawood, Vol. 1, Pg. 130)*
التحياَتُ لله وَالصَّلَوَتُ وَالطَّبِيَّاتُ السَّلَامُ
عَلَيْكَ أِيْهَا النَّبِيُّ وَرَحْمَةُ اللَّه وَبَرَكاَتُهُ السَّلَامُ
عَلِيْنَا وَعَلِيْ عَبَّادِ اللَّه الصَّالِحِينَ أَشْهَدْ أَنِّ لاَ عَلَهُ الَّذِي أَنَّ أَشْهَدُ أَنْ مُحَمَّدًا عَبْدُهُ وَرِسُولُهُ

All devotions offered through words, bodily actions and wealth are due to Allah ﷻ. Peace be upon you, O Prophet ﷺ and the mercy of Allah ﷻ and His blessings. Peace be upon us and on the pious (righteous) servants of Allah ﷻ. I bear witness that there is no Deity besides Allah ﷻ, and I bear witness that Muhammad ﷺ is His servant and messenger.

(Nasai, Vol. 1, Pg. 174)
O Allah! Shower Your mercy on Muhammad ﷺ and his family (followers) as You showered Your mercy on Ibrahîm ﷺ and his family (followers). Surely You are Praiseworthy and Most High.

O Allah! Bless Muhammad ﷺ and his family (followers) as You have blessed Ibrahîm ﷺ and his family (followers). Surely You are Praiseworthy and Most High.

(Ibnu Majah, Pg.65)
O Allah 🥄! I have wronged myself greatly and nobody forgives sins except You. Grant me forgiveness and have mercy on me. Surely, You are The Forgiver and The Merciful.

*(Tirmidhi, Vol. 2, Pg. 191)*
47. **Adhaan**

Allah ﷺ is the greatest. Allah ﷺ is the greatest.

I bear witness that there is no God besides Allah ﷺ.

Allah ﷺ is the greatest.

I bear witness that Muhammad ﷺ is the messenger of Allah ﷺ.

Come to Salaah.

(Turn the face to the right when saying these words)

Come to success.

(Turn the face to the left when saying these words)

Allah ﷺ is the greatest. Allah ﷺ is the greatest.

There is no God besides Allah ﷺ.

*(Abu Dawood, Vol. 1, Pg. 79)*
Allah ﷺ is the greatest. Allah ﷺ is the greatest.

I bear witness that there is no God besides Allah ﷺ.

I bear witness that Muhammad ﷺ is the messenger of Allah ﷺ.

Come to Salaah.

Come to Salaah.

Come to success.

Come to success.

Salaah is indeed about to begin. Salaah is indeed about to begin.

Allah ﷺ is the greatest. Allah ﷺ is the greatest.

La ilaha illa Allah ﷺ

There is no God besides Allah ﷺ.

(Abu Dawood, Vol. 1, Pg. 79)
49. Dua after Adhân

اللَّهُمَّ رَبَّ هَذِهِ الدَّعَوَةِ التَّامَّةَ وَالصَّلَوَةِ
القَائِمَةَ أَتْ مُحمَّدٍ الْوَسِيْلَةَ وَالفَضْيَلَةَ وَابْعَثْهُ
مَقَامًا مَّحْمُودًى الَّذِي وَعَدْتَهُ إِنَّكَ لَا تَخْلِفُ
الميِعَادُ

O Allah ﷻ! Lord of this perfect call and everlasting prayer, grant our master Muhammad ﷺ the Waseelah and the virtue, and raise him to that praised position which You have promised him. Verily You do not go against Your promise. (Waseelah: a place in Jannah)

(Sunnan-e-Baihaqi, Vol. 1, Pg. 410 / Abu Dawood, Vol. 1, Pg. 85)

Virtue

Nabi ﷺ is reported to have said, “My intercession is necessary on the day of Qiyamah for that person who recites this dua after hearing the adhân.”
GRADE
4
50. When getting into a vehicle

All praise be to Allah, Glory be to Allah who has put this (vehicle) under our control though we were unable to control it. Surely, to our Sustainer are we to return.

(Tirmidhi, Vol. 2, Pg. 182)

51. When the vehicle moves

In name of Allah is its moving and its stopping. Most certainly, my Lord is Oft-Forgiving, Most Merciful.

(Al-Quraan S.11 V.41)
52. When returning from a journey

اَتَّبَعْنَ تَابِعَنَ عَابِدُوُنَ لَرَبِّنَا حَامِدُوُنَ

We are returning, we are repenting, we pray (to Allah ﷻ), we praise our sustainer.
(Muslim Vol. 1, Pg. 434)

53. When entering a town or city

recite three times

اَلْلَّهُمَّ بَارِكْ لِنَا فِيهَا

thereafter recite

اَلْلَّهُمَّ ارْزُقْنَا جَنَاحًا وَ حَبْبَيْنَا الَّيْ اَهْلَهَا وَ حَبْبَ صَالِحِي اَهْلَهَا الْيَّنَا

O Allah ﷻ! Grant us barakat in this place. O Allah ﷻ! Give us of its produce and make us liked by its people and make us like the good people of this place.
(Al Mu’jamul Awsat Tabra, Vol. 5, Pg. 379)
O Allah! We seek help from You. We seek Your forgiveness. We believe in You. We rely on You. We praise You in the best manner. We thank You and we are not ungrateful to You. We leave and cast off one who disobeys You. O Allah! We worship You and to You do we pray and prostrate and to You do we flee and we are quick in doing so, and we hope for Your mercy and fear Your punishment. Verily, Your punishment overtakes the unbelievers.

(Musnaf Ibni Abi Shaybah, Vol. 2, Pg. 314/5)
55. **Dua after Witr Salaah**

سُبْحَانَ الْمَلِكِ الْقُدُوْسِ

Glory be to the Most Holy King.
*(Nasai, Vol. 1, Pg. 253)*

Note: Recite the above dua three times and on the third time raise your voice slightly and pull the daal and the waw in Qudoos.

56. **On seeing the new moon**

اللَّهُمَّ أَهْلَهُ عَلَيْنَا بَالْيَمَنِ وَالْإِيْمَانِ وَالسَّلَامَةِ وَالإِسْلَامِ وَالثَّوْقِيَّةِ لَمَّا تُحْبِبُ وَتَرَضَّى رَبِّيَ وَرَبِّكَ اللَّهُ

O Allah let this new moon appear to us with prosperity, faith, safety and Islam and with the hope of success to do deeds which You would like and approve of. My Lord and Your Lord *(O Moon!)* is Allah ﷺ.
*(Tirmidhi, Vol. 2, Pg. 183)*
57. **Dua for fasting**

اللَّهُمَّ أَصُوْمُ غَدًا لَّكَ فَاغْفِرْ لِيَ مَا قَدَّمْتُ وَمَا أَخَرَتْ

O Allah ✪! I shall fast tomorrow for Your sake, so forgive my future and past sins.

*alternatively recite this dua*

بصَوْمَ غَد ‏ۚ‏ نَوَيْتُ

I intend fasting tomorrow.

58. **When breaking the fast**

اللَّهُمَّ لَكَ صَمَّتْ وَبَكَ امْنَتْ وَعَلَىٰ رَزْقُكَ أَفْطَرْتُ

O Allah ✪, I fasted for You. In You do I believe, and with your provision (food) do I break my fast.

*(Kitab-u-Dua Tabrani, Vol. 2, Pg. 1229)*
59. When eating elsewhere (1)

اَلْلَّهُمَّ بَارَكْ لَهُمْ فِيْمَا رَزَقْتُهُمْ وَاغْفِرْ لَهُمْ وَارْحَمْهُمْ

O Allah, bless them in what You have provided them with and forgive them and have mercy upon them.
(Muslim, Vol. 2, Pg. 180)

60. When eating the first fruit of the season

اَلْلَّهُمَّ بَارَكْ لَنَا فِيْ ثُمَّرَنَا وَبَارَكْ لَنَا فِيْ مَدِينَتۡنَا وَبَارَكْ لَنَا فِيْ صَاعَنَا وَبَارَكْ لَنَا فِيْ مُدِينَا

O Allah, grant us abundance in our fruit and bless us in our towns and bless us in our weight and our measures.
(Muslim, Vol. 1, Pg. 442)

Note: When the first fruit of the season is brought, it should first be given to the youngest child present to eat.
61. When in financial difficulty

اَللهُمَّ اكْفِنِي بِحَلاَلَكَ عَنْ حَرَامِكَ وَاغْنِيَ
بِفَضْلِكَ عَمَّنْ سُوَّاكَ

O Allah ☦, provide me lawful livelihood, adequate to my needs instead of an ill-gotten one, and grant me freedom from need for anything from anyone besides Yourself.

(Tirmidhi Vol. 2, Pg. 195)

62. When seeing someone in distress
(say softly)

اَلْحَمْدُ لِلَّهِ الَّذِي عَافَانِي مَمَّا ابْتَلَاكَ بِهِ
وَفَضَّلَنِي عَلَى كَثِيرٍ مِمَّنْ خَلَقَ تَفْضِيلًا

All praise is due to Allah ☦ who granted me safety from what He has afflicted you with and He has conferred on me special favors above a great part of His creation.

(Tirmidhi, Vol. 2, Pg. 181)
63. Dua for fever

بِسۡمِ اللهِ الکبیر اَعۡوَذ بِاللهِ العَظِیم مِنَ شَرٍّ کُلٍ

عرق نَعَار وَمِن شَرِّ حَرِّ النَّار

With the name of Allah ﷺ, the Great. I seek protection in Allah ﷺ, the Magnificent, from the evil of every spurting vein and from the evil of the heat of The Fire.

(Mujamul Kabir Tabran, Vol. 11, Pg. 225)

64. When visiting the sick

لَا بَأْسٍ طَهُورٌ اِن شَاءَ اللّهُ اللّهُمَّ اشْفِه

اللّهُمَّ عَافِه

Do not despair, it is a cleansing from sins if Allah ﷺ wills; O Allah ﷺ, grant him cure and peace.

(Bukhaari Vol. 2 Pg. 845)
65. At the time of death

لاَّ اَلْهَ اَلِّا الَّلَهُ مُحَمَّدٌ رَسُولُ اَلْلَّهِ اِلَيْهِ رَحْمَةً

There is no God besides Allah. Muhammad is His messenger. O Allah, help me to overcome the agonies and difficulties of death.

(Tirmidhi Vol. 1, Pg. 117)

66. Thanaa in janazah salaah

سُبْحَانَكَ اَلْلَّهُ وَبِحْمَدِكَ وَتَبَارَكَ اسْمُكَ

Glory be to You O Allah, and praise be to You, and blessed is Your name, and high is Your greatness and high is Your praise, and there is no God besides You.

(Tahtawi ala Maraqil falaah Pg. 584)
الله‌مَ اغْفِرْ لَحَيْنَا وَمِيتَنَا وَشاَهِدَنَا وَغَابِنَا
وَصَغِيرْنَا وَكَبِيرْنَا وَذَكَرْنَا وَأَنْثَانَا اللَّهُمَّ مَنْ
أَحْيَيْتَهُ مِنْهَا فَاحْيِهِ عَلَى الْإِسْلَامِ وَمَنْ تُوْفِيَتْهُ مِنْهَا
فَتُوْفَّهُ عَلَى الْإِيمَانَ

O Allah ﷻ, forgive amongst us those who are alive and those who are dead, those who present and those who are absent, those who are young and those who are old, those who are males and those who are females. O Allah ﷻ, whom You keep alive amongst us, keep him alive upon Islam and whom You caused to die, let him die upon imaan.

(Tirmidhi, Vol. 1, Pg. 121)
68. Janazah dua for a boy

أَلْهُمْ اجْعَلْهُ لَنَا فَرَطًا وَاجْعَلْهُ لَنَا أَجْرًا وَذُخْرًا
وَاجْعَلْهُ لَنَا شَافِعًا وَمُشْفَعًا

O Allah ﷻ, make him our fore-runner, a source of reward and treasure and make him a pleader for us and (make him) one whose plea has been accepted.

(Hidayah Vol. 1, Pg. 180)

69. Janazah dua for a girl

أَلْهُمْ اجْعَلْهَا لَنَا فَرَطًا وَاجْعَلْهَا لَنَا أَجْرًا
وَذُخْرًا وَاجْعَلْهَا لَنَا شَافِعَةٍ وَمُشْفَعَةٌ

O Allah ﷻ, make her our fore-runner, a source of reward and treasure and make her a pleader for us and (make her) one whose plea has been accepted.
70. When entering the graveyard

السَّلاَمُ عَلِيْكُمْ أهِلْ الْدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ وَأَنَا أَنْ شَاءَ اللَّهُ بِكُمْ لَا حَقُّ أَنْ نَسَالُ اللَّهَ لَنَا وَلَكُمْ الْعَافِيةُ

Peace be upon you O Mu’mineen and Muslimeen who dwell herein. Insha Allah we shall join you. We ask Allah for your and our pardon.
(Ibnu Majah, Pg111)

71. When laying the dead into the qabar

بِسْمِ اللَّهِ وَعَلَى مَلَأَةٍ رَسُوْلِ اللَّهِ

In the name of Allah and in the manner of Rasulullah do we lay this body to rest.
(Ibnu Majah, Pg.111)
When filling the qabar with soil

When throwing the first handful (of soil), say:

منْهَا خَلَقْنَا كُمْ

From dust did We create you.

When throwing the second handful, say:

وِفِيْهَا نُعِيَدَكُمْ

And to dust shall We return you.

When throwing the third handful, say:

وَمِنْهَا نُخَرِّجُكُمْ تَارَةً أُخرَى

And from dust shall We raise you again.

(Mustadrak Hakim, Vol. 2, Pg. 379)

Dua for parents

ربِّ ارْحَمْهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

O Allah ﷻ! Have mercy upon them as they had mercy upon me when I was small.

(AL-Quraan S. 17, V. 24)
74. At the time of sunset

أَلْلَهُمَّ هَذَا اقْبَالُ لَيْكَ وَادْبَارُ نَهَارِكَ
وَأَصْوَاتُ دُعَاتِكَ فَاغْفِرْ لَيْكَ

O Allah ☑, this is the approaching of Your night and the disappearing of Your day and the sounds of those who pray to You. So do forgive me.

(Miskhaat, Pg. 660)

75. When seeing the moon

أَعُوذُ بِاللَّهِ مِنْ شَرِّ هَذَا الْعَاسِقِ

I seek the protection of Allah ☑ from the evil of this darkening moon.

(Tirmidhi, Vol. 2, Pg. 172)

76. At the time of drought

أَلْلَهُمَّ اسْقِنَا أَلْلَهُمَّ أَغْنِنَا

O Allah ☑, quench our thirst, O Allah ☑, send us rain.

(Tirmidhi, Vol. 2, Pg. 66)
77. When there is excessive rain

أَلْلَهُمَّ حَوْلَيْنَا وَلاَ عَلَيْنَا اللَّهُمَّ عَلَى الْأَكَامِ
وَالأَجَامَ وَالْأَرْضَ وَالْأَوْادِيَةَ وَمَنَابِتِ الشَّجَرِ

O Allah , send rain in the outskirts, not upon us. O Allah , make it rain upon the hills, in the woods, on the mountains, in the valleys and forests.

(Bukhaari, Vol. 1, Pg. 138)

78. Dua when leaving a gathering

سُبْحَانَ اللَّهِ وَبِحْمَدِهِ سُبْحَانَكَ اللَّهُمَّ
وَبِحْمَدِكَ اسْتَثْنِيَ الْأَنتَ الَّذِي أَتَتْ أَسْتَغْفِرُكَ
وَاتُوبُ الْيَكَ

Glory be to Allah with His praises. Glory be to You, O Allah , with Your praises. I bear witness that there is no God besides You. I beg Your forgiveness and repent to You.

(Mustadrak Hakim, Vol. 1, Pg. 537)
Virtue
Whosoever recites the following dua after sitting in a gathering will be forgiven for whatever wrongs were done in that gathering.

79. When entering a shopping centre

There is no God besides Allah ﷻ. He is One. He has no partner. His is the kingdom and for Him is all praise. He gives life and causes death. He is Ever living and never dies. In His hand is all good. And He has power over everything.

(Tirmidhi, Vol. 2, Pg. 180)

Virtue
Whosoever recites the above dua will receive 1 million rewards, 1 million of his sins will be wiped out and his ranks will be raised a million times. Furthermore a palace will be built for him in Jannah. (Tirmidhi)

Rasûlullâh ﷺ said: “The best of places unto Allâh ﷻ are the masâjid and the worst of places in the sight of Allâh are the shopping centers” (Mishkaat)
80. The 99 beautiful names of Allah

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**Allah is He besides whom there is no God but Him**
Virtue: Rasulullah ﷺ said: Verily Allah ﷻ has 99 names. Whosoever memorises them will enter Jannah
81. When laying the Qurbaani animal down for slaughtering

I have firmly turned myself towards that Being who has created the heavens and the earth, while I am upon the Straight Deen of Ibraheem (as), and I am not among the Mushrikeen.

انِّي وَجَهْتُ وَجَهِيًّا لِلَّذِي فَطَرَ السَّمُوَاتِ وَالْأَرْضَ عَلَى مَلَأَةٍ ابْرَاهِيمَ حَنيْفًا وَمَا أَنَا مِنَ الْمُشْرِكِينَ
Verily, my Salaah, my sacrifice, my life and my death are for Allah ﷻ, Lord of the worlds. He has no partner, with this I have been commanded and I am among the Muslimeem. O Allah ﷻ! This sacrifice is due to You granting us the ability to do so and it is for You.

Note: After saying the word "عَنَّ" mention the name of the person on whose behalf the sacrifice is being made.

82. When slaughtering the animal

بِسْمِ اللَّهِ أَكْبَرْ

In the name of Allah ﷻ, Allah ﷻ is the greatest.

(Mishkaat Pg.128)
O Allah ﷺ, You are my cherisher. There is no God except You. You have created me and I am Your servant. As far as possible, I abide by my solemn promise and covenant (which I made to You). I seek Your protection against the consequences of my wrongdoings. I fully acknowledge the grace You have bestowed upon me and confess my faults. So pardon me as none besides You can pardon sins.

(Bukhaari, Vol. 2, Pg. 933)

Virtue
The person who recites this dua sincerely in the course of the day and night and dies will be among the people of Jannah. (Bukhaari)
O Allah, I ask You for good through Your knowledge and I ask You for ability through Your power and I beg (Your favour) out of Your infinite bounty. Surely, You have power and I have none. You know everything and I know not. You are the Great Knower of all things. O Allah, if, in Your sublime knowledge,
this matter is good for my Faith (Deen), for my livelihood and for the consequences of my affairs, then ordain it for me and make it easy for me and bless me therein. But if, in Your knowledge, this matter is bad for my Faith (Deen), for my livelihood and for the consequences of my affairs, then turn it away from me and turn me away there from and ordain for me the good wherever it be and cause me to be pleased therewith.

(Bukhaari, Vol. 1, Pg. 155)

Note: While reciting this Dua, on reaching the highlighted words, one should think of and mention one's problem in any language. Thereafter, do whatever one feels suitable. It is not necessary that one should see an evident change or vision. (Istikhaarah should be made for all important matters.)

Alternatively, one may recite the following dua 11 times.
The most comprehensive of all duas

Hadrat Abu Umaamahnadra narrates that Nabi ﷺ made lots of duas which we were unable to memorise. We said: “O Prophet of Allah, You have made many duas which we were unable to memorise. Can you not teach us such a dua that would encompass all of it.” Rasulullah ﷺ said: Recite...

(Al-lahumma ana naseeluk min ̄hayr ma sāla’ak mina nabīk
Muhammad sallallahu ‘alayhi wa sallam wa na’udh bika minشرع ما استعاذ من نبيك محمد صلّي الله عليه و سلم و نعوذ برك من
wa sallam wa anti almusta‘an wa ‘alayk albala‘g wa la
hwuila wa lāiqo‘wa ala bala‘)

(Tirmidhi Vol. 2, Pg. 192)
ADVANCED SYLLABUS
86. Dua at the time of anger

87. When a dog barks

88. When a donkey brays

أعوذُ بالله من الشَّيَاطِينَ الرَّجَمِ

I seek the protection of Allah ﷻ from shaytaan the cursed one.

(Abu Dawood, Vol. 2, Pg. 348)

89. When welcoming someone

أهْلَا وَ سَهْلَا وَ مَرْحَبَا

(May you enter and) be as one of us, be at ease and comfortable, and welcome (to you).

(Tirmidhi, Ibnu Majah)
90. Dua when intending to do something

انْ شَاءَ اللّهُ

If Allah ✪ wills.

91. Morning and evening dua

َاللهُمَّ بِكَ أَصْبَحْنَا وَ بِكَ أُمْسِيَنَا وَ بِكَ نَحْيُنَّكَ وَ بِكَ نَمُوتُ وَ الْيَكَالَ النُّشُورُ

O Allah with your help do I start this day / night and with your help do I live and with your help do I die and to you is our rising.

(Abu Dawood Vol. 2 Pg. 343)
92. Before sleeping (2)

اللَّهُمَّ قَنِّي عَذَابَكَ يَوْمَ تَبْعِثُ عَبَادَكَ

O Allahﷺ! Save me from Your punishment on that day when You shall raise Your servants.

(Mishkaat, pg. 210)

93. When seeing a Muslim laugh

أَضْحَكَ اللَّهُ سَنَكِ

May Allahﷺ grant you lifelong happiness.

(Bukhaari, Vol. 2, Pg. 899)

94. When eating with a person who has a disease

بِسْمِ اللَّهِ ثَلَٰثَةً بِاللَّهِ وَتَوَكَّلْ عَلَيْهِ

In the name of Allahﷺ, with confidence in Allahﷺ, and humbly trusting Him.

(Tirmidhi, Vol. 2, Pg. 4)
95. When things are in ones favour

All praise is due to Allah ﷻ with whose grace all good things are realised.
(Ibnu Majah, Pg. 270)

96. When an evil thought comes to mind

I seek the protection of Allah ﷻ from the accursed devil. I believe in Allah ﷻ and His messengers.
(Muslim, Vol. 1, Pg. 79)
97. Dua when afflicted with some calamity

أَلْلَهُمَّ أُجْرِنِي فِي مُصِيبَتِي وَ أَخْلِفْ لِي خَيرًا مِنْهَا

O Allah  ♦️! From You do I hope for reward for this difficulty of mine. So reward me therein and give me something better in return.

(Muslim Vol. 1, Pg. 300)

Virtue

Nabi  ♦️ said: Whoever reads this dua whilst in difficulty, Allah  ♦️ will replace him with some thing better.

(Mishkaat Pg 140)

98. Dua for death on Imaan

رَبّنَا لَا تُزْرِعْ قَلْبَنَا بَعْدَ اذْ هَدَٰيَتَنَا وَهَبْ لَنَا مِنْ لَدَنَا رَحْمَةٌ اَنْتَ الْوَهْبَابُ

O Our Lord! Do not let our hearts go astray after You had granted us guidance, and grant us mercy from Your side. Verily You are The Great Giver of favours
99. **Dua in qaumah (2)**

ٍربَّنَا وَلَكَ الْحَمْدُ حَمْدًا كَثِيرًا طَيِّبًا مُبَارَكًا فِيْهُ

O Allah ﷻ, praise be to You the heavens full and the earth full and whatever pleases You beyond that.

*(Abu Dawood Vol. 1 Pg. 119)*

100. **When the sun rises**

الْحَمْدُ لِلَّهِ الَّذِي أَقَالَنَا يَوْمَئِنَا هَذَا وَلَمْ يُهْلِكْنَا بِذُنُوبِنَا

All praise be to Allah ﷻ, who has brought upon us this day and has not destroyed us because of our sins.

*(Muslim Vol. 1, Pg. 274)*
101. Dua after iftaar

ذَهَبَ الظَّمَةُ وَابْتَلَّتِ الْعُروُقُ وَثَبَتَ الأَجْرُ
انْ شَاءَ اللَّهُ

The thirst has gone, the throat has been wetted and the reward has been earned, if Allah ﷻ so wills.

*(Abu Dawood Vol. 1, Pg. 328)*

102. When wearing new clothes

الْحَمْدُ للهِ الَّذِي كَسَانِي مَا أُوَارِي بِهِ
عَوْرَتِي وَاتَّجَمَّلَ بِهِ فِي حِيَاتِيْ

Praise be to Allah ﷻ, who clothed me with that which I cover my shame and adorn myself during my life.

*(Tirmidhi, Vol. 2, Pg. 195)*
It is mentioned in the Hadith that if a person recites this Dua after wearing new clothes and he gives his old clothes in sadaqah (charity), then he will be in the guardianship and protection of Allah ﷻ.

103. When eating elsewhere (2)

اَكَلِ تَعاْمَكُمُ الْأَبَرَارُ وَصَلَّتْ عَلَيْكُمُ
الْمَلَائِكَةُ وَأَفْطَرَ عَنْدَكُمُ الصَّايَمُوْنَ

May the righteous partake of your food and the angels of mercy descend upon you and those fasting break their fast with you.
104. When beginning a journey

الله أكبر الله أكبر الله أكبر

اللهِ أَنا نَسَأْلُكَ فِي سَفْرَنَا هَذَا الْبِرَّ وَالْتَقْوَى

وَمِنِ الْعَمَلِ مَا تَرْضَى اللَّهُمَّ هُوَ نَ عَلَيْنَا سَفَرْنَا

هَذَا وَأَطُوْعُ عَنَا بعْدَهُ

اللَّهُمَّ أَنتِ الصَّاحِبُ فِي السَّفَرِ وَالْخَليفَةُ فِي

الأَهْلِ

اللَّهُمَّ اني أعْوذُ بِكِ مِن وَعْناء السَّفَرِ و

كَبَّةَ الْمَنْظُورِ وَسُوْءِ الْمُتَقْلَبِ فِي الْمَالِ

وَالْأَهْلِ وَالْوَلِيد
Allah ﷻ is the Greatest! Allah ﷻ is the Greatest! Allah ﷻ is the Greatest! O Allah ﷻ, we ask You to grant us, in this journey of ours, piety, abstinence (from sin) and the ability to do actions that are pleasing to You. O Allah ﷻ, make easy for us this journey and shorten for us its destination. O Allah ﷻ, You are our Companion on this journey and the Protector of our families. O Allah ﷻ, I seek Your protection against the hardships of this journey, against a bad scene and against making a bad return to my belongings, wife and children.

(Muslim, Vol. 1, Pg. 434)

GRADE 5: ADVANCED SYLLABUS

105. Dua for protection from calamities

Recite three times morning and evening

بَسْمَ اللَّهِ عَلَى دِينِي وَنَفْسِي وَوَلَدِي وَأَهْلِي وَمَالِيَ

In the name of Allah ﷻ, (I seek protection) upon my religion, life, children, family and wealth.

(Kanzul Ummal, Vol. 2, Pg. 141)
Hadhrat Ma’qal bin Yasaar ﷺ narrates: “Once I expressed my fears to Rasulullah ﷺ over five things in my life. I feared that I would be deviated from the Siraatul-Mustaqeem (straight path). The second was regarding my life. I feared harm or illness would befall me. The third was about my children that they would suffer Deeni or worldly harm. The fourth concern was my wife, that she too may suffer physical or spiritual harm. The fifth fear I had was over my wealth, should there occur a loss of income or property. After listening to my fears, Rasûlullah ﷺ taught me the above dua. (Kanzul-Ummaal, Vol. 2. Pg 636)

106. Dua for protection against harm and injury

Recite three times morning and evening

بُسْمِ اللَّهِ الَّذِي لَا يَضُرُّ عَنْ اسْمِهِ شَيْئًا فِي
الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

In the name of Allah ﷻ, through whose name nothing in the heavens or earth can cause any harm. And He is the One who hears and knows everything. (Abu Dawood, Vol. 2, Pg. 346)
Virtue

Whosoever recites these words three times in the morning will be protected from sudden calamities until the night and whosoever recites these words three times in the evening will be protected from sudden calamities until the morning.

107. Dua for protection on the day of Qiyaamah

(Recite three times after Fajar and Maghrib salah)

رضيَتُ بَلَدِّ رَبِّي بَالْإِسْلَامِ دِينِيَّ وَ بِمُحَمَّدٍ ﴿صَلَّيَ اللَّهُ عَلَيْهِ وَ سَلَّمُ﴾

I am happy with Allah as my lord, with Islam as my religion and Muhammad as my prophet.

(Tirmidhi, Vol. 2, Pg. 174)

Virtue

Whosoever recites these words in the evening Allâh takes it upon Himself to please that person.
108. Dua for relief from worries and debts

اللهِ اني اعوذُ بك من الهمِّ و الحزن و
اعوذُبك من العجز و الكسل و اعوذُ بك
من الجبن و البخل و اعوذُ بك من غلبة
الدينِ و قهر الرجال

O Allah ﷻ! I seek Your protection from worry and grief, and I seek Your protection from weakness and laziness, and I seek Your protection from miserliness and cowardice and I seek Your protection from the burden of debt and the anger of men.

(Abu Dawood, Vol. 1 Pg. 224)
109. Before sleeping (3)

With Your name have I laid my body to rest and with Your help will I raise it. If You take my soul, do forgive it. And if You let it go, do preserve it just as You have preserved Your pious servants.

(Bukhaari Vol. 2, Pg. 935)

Note: Nabi ﷺ has said in a Hadith that before going to bed one should first dust his bed because he does not know what may be in it. Thereafter he should recite the above dua.  (Bukhaari)
110. At the time of a thunderclap

اَللَّهُمَّ لاَ تَقْتُلْنَا بِغَضَبِكَ وَلاَ تَهْلِكْنَا بِعَذَابِكَ وَعَافِنَا قَبْلَ ذَلِكَ

O Allah، do not kill us through Your anger and do not destroy us with Your punishment. Do forgive us before this happens.

(Tirmidhi, Vol. 2, Pg. 183)

111. When one sees or experiences something evil

اَلْحَمْدُ لِلَّهِ عَلَى كُلِّ حَالٍ

All praise is due to Allah under all conditions.

(Ibnu Majah, Pg. 270)

112. When a fire breaks out

اَللَّهُ اَكْبَرُ اَللَّهُ اَكْبَرُ اَللَّهُ اَكْبَرُ

Allah is the greatest. Allah is the greatest. Allah is the greatest.

(Tabrani (Kitaabud-Dua), Vol. 22, Pg. 1266)
113. Dua of Hadhrat Abu Darda

O Allah! You are my Lord, other than You there is no God. It is upon You that I have faith and You are the lord of the Mighty Throne. Whatever Allah has wished has happened and whatever He has not wished will certainly not happen.
Without the assistance of Allah ﷻ, we cannot save ourselves from any evil nor can we acquire any good. I am sure that Allah ﷻ has power over everything and verily the knowledge of Allah ﷻ encompasses everything.

O Allah ﷻ I seek refuge in You from the evil of myself and the evil of all the living upon whom You have control. Verily, my Lord is on the right path.

Virtue

Someone came to tell Hadhrat Abu Darda ﷺ that his house was on fire. Hadhrat Abu Darda ﷺ [without any concern] replied that his was certainly not on fire. Allah ﷻ will never do so, because I have heard from the Messenger of Allah ﷺ that if a person recites these words at the beginning of the day, no calamities will befall that person till the evening, and if the person recites these words in the evening then no calamities will befall that person till the morning.

In another tradition, it is stated that calamities will not befall him, wife, children and whatever he owns. Hadhrat Abu Darda ﷺ said: “In the morning I recited these words, therefore, how can my house be on fire.” He then said to the people. “Let's go and see.” Together with the people they went towards his house. It was seen that his entire street was on fire and all the houses around Hadhrat Abu Darda’s were burnt, but, amidst this, his house was safe and sound. (Al-Azkaar-Nawawi, Pg. 79)
114. After slaughtering the animal

O Allah, accept it (this sacrifice) from me just as You have accepted from Your Beloved Muhammad and Your Close Friend Ibraheem.

(Baheshti Zewar Pg.231)
115. When completing the Qur’aan

اللَّهُمَّ أَنْسَ وَحْشَتِي فِي قَبْرِي اللَّهُمَّ ارْحَمْنِي
بِالْقُرآنِ العَظِيمِ وَاجْعَلْهُ لَيِّ امَّامًا وَ نُورًا وَ
هُدَايَ وَ رَحْمَةٍ. اللَّهُمَّ ذِكْرَنِي مِنْهُ مَانِسِبَتْ
وَعُلِّمْنِي مِنْهُ مَا جَهِلْتُ وَ أَرْزَقْنِي تَلاوْتَهُ أَنَا
اللَّيْلَ وَ أَنَا النَّهَارَ وَاجْعَلْهُ لِيْ حَجْجَةً يَارَبَّ
الْعَالَمِينَ

O Allah ☪, divert my restlessness in the grave into peace. O Allah ☪ let me receive Your mercy by means of the Holy Qur’aan Shareef and make it my guide as well as a source of light, guidance and grace for me. O Allah ☪, revive my memory of whatever I have forgotten from the Holy Qur’aan, grant me understanding of whatever part of it I know not, enable me to recite it during hours of day and night and make it my main argumentative support (in all matters), O Nourisher of the worlds.

(Al-Mughni an mahal lil asfaar lil Iraaqi Vol. 1, Pg. 279 -It-haaf Vol. 4, Pg. 496)
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| Grade 4 | Revision | 50. When getting into a vehicle | 51. When the vehicle moves | 52. Returning from a journey | 53. When entering a town or city | 54. Dua-e-qunoot | 55. Dua after witr | 56. On seeing the new moon | Revision | 57. Dua for fasting | 58. When breaking fast | 59. When eating elsewhere | 60. When eating the 1st fruit of the season | Revision 11 |

| Grade 5 | Revision of all duas from grade 1-4 | 61. When in financial difficulty | 62. When seeing s.o. in distress | 63. Dua for fever | 64. Visiting the sick | 65. At the time of death | 66. Thana of janaza | 67. Dua in janaaza salah (boy) | 68. Dua in janaaza salah (girl) | 69. Dua in the graveyard | 70. Entering the graveyard | 71. Laying the dead into the qabar | 72. Filling the qabar with soil | Dua for parents | Revision 13 |

| Grade 6 | Revision of all duas from grade 1-5 | 74. At the time of sunset | 75. When seeing the moon | 76. At the time of drought | 77. Excessive rain | 78. Leaving a gathering | 79. Entering a shopping centre | Revision | 80. Ninety-nine names of Allah | 81. When laying the qurbani animal down for slaughtering | 82. When slaughtering | 83. Sayyidul Istighfaar | Revision | 84. Dua for Istikharaah | 85. Most comprehensive dua | Revision 5 |

| Grade 7 | Revision of all duas from grade 1-6 | 81. When laying the qurbani animal down for slaughtering | 82. When slaughtering | 83. Sayyidul Istighfaar | Revision | 84. Dua for Istikharaah | 85. Most comprehensive dua | Revision 5 |

| Grade 8 | Revision of all duas from grade 1-7 | 86. At the time of anger | 87. When a dog barks | 88. When a donkey brays | 89. When welcoming someone | 90. When intending to do something | Revision | 91. Morning and evening dua | 92. When going to bed (2) | 93. When seeing a Muslim laugh | 94. Dua when eating with a person who has a disease | 95. When things are in ones favour | 96. When an evil thought comes to mind | 97. Dua when afflicted with a calamity | 98. Death on Imaan | 99. Dua in qauma (2) | 100. Dua when the sun rises | Revision 17 |

| Grade 9 | Revision of all duas from grade 1-8 | 101. After iftaar | 102. When wearing new clothes | 103. When eating elsewhere (2) | 104. When beginning a journey | Revision | 105. Dua for protection from calamities | 106. Dua for protection from harm and injury | 107. Dua for protection on the day of Qiyamah | 108. Dua for relief from worries and debts | 109. Before sleeping (3) | 110. Dua at the time of a thunderclap | 111. When one sees or experiences something evil | 112. When a fire breaks out | 113. Dua of Hazrat Abu Darda | 114. After slaughtering the qurbani animal | 115. Dua on completing the Quraan | Revision 17 |